




the olive

SPA + BEAUTY
AT THE OLIVE

Welcome to Spa + Wellness treatments at The Olive.

Please contact concierge to book on **+34 635621324** 

M A S S A G E

WORLD ESSENCES: Immerse yourself in deep relaxation with this full restorative treatment with mandarin and orange essences.

60 mins -100€

90 mins -150€

ISLAND MASSAGE: A deep and gentle massage with coconut oil to balance the senses and hydrate.

60 mins - 100€

90 mins - 150€

POWER AND DEPTH: Release tension in strained muscles through stretching and pressure techniques with Eucalyptus and rosemary essences.

45 mins -90€

75 mins -120€





LIGHTER LEGS: A special technique for the elimination of excess toxins and fluid retention with ginger and mint essences. Perfect after travelling!

PRESSOTHERAPY MACHINE ON REQUEST

50 mins -100€

REFLEXOLOGY: An ancient and highly effective foot massage technique to stimulate full body health and vitality using specific acupressure points on the soles of the feet, with tea tree and eucalyptus essences.

45 mins -90€

CHILD´S MASSAGE : A very gentle massage to relax our younger guests.

30 mins - 50€





AYURVEDA SHIDODHARA : Using a special herbal infusion, this Ayurvedic massage releases trapped energy, toxins and stress.

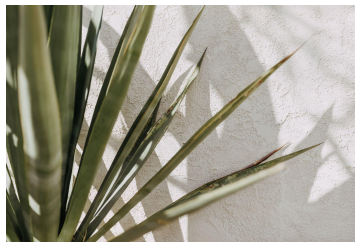
90 mins -150€

THAI MASSAGE : Mixture of different classic ancient Thai techniques for boosting energy flow and stretching tired muscles.

90 mins - 150€

DISCONNECT THE MIND : A fundamentally relaxing head, neck and shoulder massage delving deep into acupressure points for the ultimate in letting go. Using relaxing essential oils.

45 mins - 90€



COMPLEMENTARY ELEMENTS

Add an ACUPUNCTURE TREATMENT + 20€

Add MOXIBUSTION (For your energy levels and defences)+15€

Ask about COUPLES MASSAGE in your suite or in the spa

(*available in the spa privately mornings and evenings)

Ask about PILATES AND STRETCHING TECHNIQUES



TREATMENTS

WHITE ISLAND (FULL BODY RITUAL): A deep and relaxing top to toe body massage with skin exfoliation and essential oils - feel brand new!

90 mins 150€

FUTURE MAMA MASSAGE : A delicate and relaxing pregnancy massage using organic essential oils to relax mama and baby in to a dreamlike state of bliss.

60 mins 100€



FACIAL + BEAUTY TREATMENTS

INNER BEAUTY : A ritual of deep cleansing, exfoliation and hydration using organic products specifically selected for your skin type. Dare to go bare after this all encompassing treatment.

60 mins - 100€

DELUXE FACIAL: Your skin will glow after this deeply restorative treatment using the finest natural products, together with ultrasonic and lifting techniques. Slough away dead skin cells, profoundly hydrate and reveal your youthful beauty!

90 mins 150€

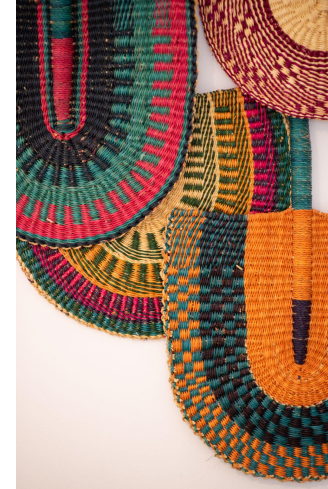
*TREATMENTS EVERY DAY IN-ROOM FOR OLIVE GUESTS

*TREATMENTS ALSO AVAILABLE IN THE SPA ON A PRIVATE BASIS FROM 8AM TO 12 NOON AND 6PM TO 9PM MON THROUGH SATURDAY OR ANYTIME SUNDAY

*GUESTS ARRIVING LATE FOR THEIR APPOINTMENTS UNFORTUNATELY WON'T BENEFIT FROM TIME EXTENSION

*CANCELLATION AT LEAST 3 HOURS BEFORE THE TREATMENT IS SCHEDULED


*PLEASE LET YOUR THERAPIST KNOW IF YOU HAVE ANY ALLERGIES OR MEDICAL CONDITIONS





Please call concierge for more information or to book.

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+34 635621324 

[theolivebiza.com](https://www.theolivebiza.com)